





**(ENGLISH)**

[TIME ALLOWED — 3 HOURS]

(MARKS — 100)

**BEAUTY CULTURE (THEORY-I)***Instructions.*—(1) All question are *compulsory*(2) Figures to the right indicate *full* marks.**Marks**

1. (a) Fill in the blanks with appropriate option given below (any *five*) :— 5
- (i) We should apply ..... before threading.  
(Powder, Cream).
  - (ii) To soften the blackheads we give .....  
(Steam, Massage).
  - (iii) To beautify nails of hands means .....  
(Pedicure, manicure).
  - (iv) For shaping the nails we do .....  
(Filing, Buffing).
  - (v) ..... give shine to the nails  
(Cutting, Buffing).
  - (vi) We use..... for removing nail paint.  
(Cleanser, Acetone)
- (b) Write *true* or *false* (any *five*) :— 5
- (i) It is necessary to put eye-pads when we give steam.
  - (ii) We should keep ourselves cheerful while doing a therapist job.
  - (iii) We can use scrub after waxing.
  - (iv) We should give support to client while performing waxing.
  - (v) Dry skin is more prone to wrinkles.
  - (vi) We should always remove products from the jar with fingers.
- (c) Match the column :— 10
- | “ A ” Column                       | “ B ” Column               |
|------------------------------------|----------------------------|
| (i) Scrub                          | (a) Treading               |
| (ii) Cleanser                      | (b) Acetone                |
| (iii) Massage                      | (c) Removes dead skin      |
| (iv) Eyebrow shaping               | (d) To give relaxation     |
| (v) Remove nail paint              | (e) Cuticle cream          |
| (vi) Softens the cuticles of nails | (f) Remove dirt, pollution |
| (vii) Opens the pores              | (g) Toning                 |
| (viii) Caring of feet              | (h) Steaming               |
| (ix) Shaping of nails              | (i) Pedicure               |
| (x) Balances the PH level in skin  | (j) Filing                 |

[Turn over]

2. Attempt (any *two*) :— 16
- (a) Qualities of a good Beauty Therapist
  - (b) Importance of hygiene in a salon.
  - (c) Write down the Contra-indications for waxing.
  - (d) Explain in detail the Procedure for face bleach.
3. Attempt (any *two*) :— 16
- (a) How to maintain personal hygiene by the Beauty Therapist ?
  - (b) Why is it necessary to communicate with the client ?
  - (c) Write down the Contra-indications while doing Pedicure.
  - (d) Explain 4-5 methods of Sterilization of salon in detail.
4. Give brief answers (any *two*) :— 16
- (a) How does facial helps a client ?
  - (b) Is manicure necessary ? Explain.
  - (c) Explain the importance of Cleansing, Toning and Moisturizing in every day life.
  - (d) Explain Benefits of waxing.
5. Write short notes (any *four*) :— 16
- (a) Procedure for manicure.
  - (b) Different skin types.
  - (c) Protection of our skin from sun rays.
  - (d) Bleach before every facial.
  - (e) Benefits of cleansers.
6. Attempt (any *two*) :— 16
- (a) Write down the procedure for a facial in detail.
  - (b) Different methods of hair removal. Explain.
  - (c) Write in detail the procedure of waxing.
  - (d) Write in detail the procedure for pedicure.
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